

Patient Rated Wrist Evaluation

Rate the average amount of pain/difficulty you have had in your wrist over the past week by circling the number from 0 (no pain or difficulty) to 10 (the worst pain you have ever experienced or you could not do the task).

PAIN:

• At rest	0	1	2	3	4	5	6	7	8	9	10
• When doing a task with repeat wrist movement	0	1	2	3	4	5	6	7	8	9	10
• When lifting a heavy object	0	1	2	3	4	5	6	7	8	9	10
• When it is at its worst	0	1	2	3	4	5	6	7	8	9	10
• How often do you have pain?	0	1	2	3	4	5	6	7	8	9	10

FUNCTION--SPECIFIC ACTIVITIES:

• Turn door knob using my affected hand	0	1	2	3	4	5	6	7	8	9	10
• Cut meat using a knife in my affected hand	0	1	2	3	4	5	6	7	8	9	10
• Fasten buttons on my shirt	0	1	2	3	4	5	6	7	8	9	10
• Use my affected hand to push up from a chair	0	1	2	3	4	5	6	7	8	9	10
• Carry a 10-lb object in my affected hand	0	1	2	3	4	5	6	7	8	9	10
• Use bathroom tissue with my affected hand	0	1	2	3	4	5	6	7	8	9	10

FUNCTION--USUAL ACTIVITIES:

• Personal care activities (dressing, washing)	0	1	2	3	4	5	6	7	8	9	10
• Household work (cleaning)	0	1	2	3	4	5	6	7	8	9	10
• Work (your job or everyday work)	0	1	2	3	4	5	6	7	8	9	10
• Recreational activities	0	1	2	3	4	5	6	7	8	9	10

Score:

Pain subscale:	/50
Functional subscale (total divided by 2):	/50
Total PRWE score:	/100

Scoring: Each section can be summated individually or the total scores can be calculated & scored as percentages. For either method, the higher the score, the poorer the outcome.

Source: Adapted from Lewis, C, Wilk, K, Wright, R. The Orthopedic Outcomes toolbox. Virginia: Learn Publications.