# Patient Rated Wrist Evaluation

Rate the average amount of pain/difficulty you have had in your wrist over the past week by circling the number from 0 (no pain or difficulty) to 10 (the worst pain you have ever experienced or you could not do the task).

## PAIN:
- At rest
- When doing a task with repeat wrist movement
- When lifting a heavy object
- When it is at its worst
- How often do you have pain?

## FUNCTION--SPECIFIC ACTIVITIES:
- Turn door knob using my affected hand
- Cut meat using a knife in my affected hand
- Fasten buttons on my shirt
- Use my affected hand to push up from a chair
- Carry a 10-lb object in my affected hand
- Use bathroom tissue with my affected hand

## FUNCTION--USUAL ACTIVITIES:
- Personal care activities (dressing, washing)
- Household work (cleaning)
- Work (your job or everyday work)
- Recreational activities

<table>
<thead>
<tr>
<th>Score:</th>
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<tbody>
<tr>
<td>Pain subscale:</td>
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<tr>
<td>Functional subscale (total divided by 2):</td>
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<tr>
<td>Total PRWE score:</td>
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**Scoring:** Each section can be summated individually or the total scores can be calculated & scored as percentages. For either method, the higher the score, the poorer the outcome.

Source: Adapted from Lewis, C, Wilk, K, Wright, R. The Orthopedic Outcomes toolbox. Virginia: Learn Publications.